



RURAL TEENAGERS SUPPORT PROGRAMME

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His Excellency Amb. Harald Guenther,
Austrian Embassy Nairobi

BRIEF REMARKS ON BENSON NJAU PRIMARY SCHOOL TEENS HYGIENE KITS DONATION CEREMONY HELD ON 29/05/2015

- 1) RTSP takes this opportunity to thank His Excellency Ambassador Harald Guenther for the support we have received from the Austrian Embassy Nairobi for our **Teens Hygiene Program**. Through this partnership we implemented our Reusable Sanitary Pads project which we are glad was a great success. Benson Njau Primary School marks yet another success story in our cordial relationship for the good of vulnerable teenagers in rural Kenya.
- 2) At Benson Njau 109 teenagers benefited from hygiene kits, and in addition we managed to throw in a Geometry set for 51 Class 8 KCPE Examination candidates. To complement the good gesture by the Austrian Embassy, RTSP threw small party to celebrate the joyous day.
- 3) We intend to continue riding on the Reusable Sanitary Pads success story at Njenga Karume and Gatatha Primary Schools pilot project, by sourcing more partners to facilitate the provision of Neema Reusable Sanitary Pads to many more vulnerable teenagers in Kenya. To this end we would like to request Amb. Harald Guenther to assist us to get donor funding from Austria and the EU region to help us attain our 2015 target of benefiting 3,000 girls with reusable sanitary pads kits.
- 4) We are working on our new website, and soon will be up and running.
- 5) Our **Teens Empowerment Program** has two components:-
 - a. **Teens Hygiene**: This program provides hygiene kits and education aimed at providing a sustainable menstrual management solution and inculcating good hygiene practices for both male and female teens in rural areas as a foundation for overall wellness and success in life. There are about 4.9 million vulnerable menstruating girls and women in Kenya that can benefit from washable sanitary pads.
 - b. **Life Skills Training**: This program provides education on various life aspects and counseling services to teens and parents. We guide teens to attain their life goals whilst preventing derailing social ills resulting from poverty challenges.
- 6) Moving forward, we intend to compliment the hygiene program by ensuring that all teens who receive our kits also get regular life skills training (teens counselling), this way we shall ensure many more teens build the zeal to be successful thus focus on good all round performance in school whilst coping with teenage challenges.
- 7) Our work so far:-
 - i. **Enkaroni Primary School, Suswa, Narok**: March 2015: RTSP in conjunction with OFDC a USA NGO donated hygiene kits to 55 girls and 59 boys.
 - ii. **Lang'ata Women Prison, Nairobi**: March 2015 RTSP donates Neema kits to 50 inmates at Langata Women Prison in conjunction with ACK Dioceses of Mt. Kenya South Prisons & Police Chaplaincy Department.
 - iii. **Njenga Karume and Gatatha Primary Schools**: October 2014: Implemented pilot project

for Neema Reusable Sanitary pads in partnership with Austrian Embassy Nairobi.

- iv. **Life Skills Training Manuals for Primary School: Britam** Insurance sponsored the development of RTSP's Life Skills Training facilitation manuals for classes 6, 7 and 8. The manuals will ensure that uniform training is given to all beneficiaries of our life skills training program. In addition the manuals will enable RTSP to provide paid life skills training for schools and groups that can afford to pay for the services as a way of generating funds to sustain our programs.
 - v. **Group Counselling for Parents: January 2014** - For teens counselling to be effective parents need to be engaged and advised on how to relate with their teenage children. Most parents face challenges handling the now changed teenage children who face both physical and psychological changes at this stage. To ensure a smooth handling of this crucial life stage RTSP will be providing parents counselling under the Life Skills Training program, at the rate of once per school term. RTSP provided parents counselling for parents of Kongo Primary School in January 2014, it was evident teens parenting has many challenges and parents need information to handle their teenage children appropriately.
 - vi. **Life Skills Training for Class 8 Pupils: - October 2013** - In 2013 RTSP offered pre-KCPE exams counselling to pupils of Kongo Primary School in Kamiti area of Kiambu. The pupils were educated on good study practices, career counseling and challenges related to the teenage life stage. We also held a leavers party for the class and donated geometrical sets to all the candidates before the exams.
- 8) RTSP looks to build increased partnership with organizations, County Government and Central Government. We hope that based on the positive feedback we have received more partners will join our course.

9) **OUR VISION**

To be the organization of choice providing local solutions to challenges confronting teenagers in rural areas of Kenya through mobilization and efficiently utilization of resources.

OUR MISSION

To avail opportunity for vulnerable teenagers in rural areas of Kenya to attaining their life goals by providing support in areas of life skills training and personal hygiene; building a solid foundation for a better and productive nation.

OUR CORE VALUES

- Love for all of God's creation.
- Non-discriminatory service delivery.
- Observing diligence and cost effectiveness that avoids wastage in achieving our goals.
- Accurate and timely reporting about our work to all stakeholders to enhance transparency.

OUR SLOGAN

A brighter future for Teens.

Yours Sincerely,

George Warui

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